

# Karen Sands

## Fact Sheet

### I. **Contact Information:**

Contact: Karen Sands, MCC -- President of the Future Works Institute, Ltd  
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### II. **Overview:**

I am the President of the Future Works Institute, Ltd, a successful coaching and futuring company working with Sr. Management and Experienced Professionals to *Stay Ahead of the Curve<sup>SM</sup>* and to create *Rock Solid Futures<sup>SM</sup>*.

We have been delivering a message of sustainable revitalization, continuous quality improvement, transformation and expanded consciousness leading to a Triple Bottom-line since 1988.

Our work is only with high achievers and *Vanguard Visionaries<sup>SM</sup>*--Leaders of the Future--on the way from great to greatness. Our clients are those experienced executives who want not only success but true fulfillment, hoping to offer enlightened leadership and breakthrough results that better their organizations and the world.

### III. **Education and Background:**

- Certified as a Master Level Coach by the prestigious International Coach Federation Credentialing Committee. One of approximately 400 worldwide.
- Member of the International Coach Federation
- Founding member of Coachville.com
- Named to Connecticut's Permanent Commission on the Status of Women Advisory Council
- Advised the Hudson Institute's Workforce 2000 Task Force.
- Certified Career, Life & Retirement Counselor
- Certified Hypnotherapist
- Ordained Minister
- Master Superlearning Teacher & Trainer

- Certified by Hunter University/Brookdale Center on Aging as a Gerontologist
- Expressive Arts, Voice Dialogue and Core Energetics Therapist & Teacher
- Invited reporter to the White House
- Consulted & contributed to the White House Task Force on Innovative Learning
- Adjunct professor at Hunter College/Brookdale
- Long time member of the American Society on Aging
- Active member of the Association of Spirit at Work - Steering Committee
- Member of World Future Society
- Post Masters in Adult Development & Aging- Hunter College/Brookdale
- BS in Human Development, Biological Sciences & Education
  
- Advanced training in Human Potential, Self- Development, Growth & Aging, Business, Marketing, Sciences, Psychology, Consciousness & Spirituality, Coaching, Education, etc.

### **Professional Background:**

\* Founder of Future Works Institute, Ltd. –

\*Corporate Vice President: Change-maker & Coach to Sr. Managers; Start up & Turn around specialist in Financial Services company for 10 years. –

\*Entrepreneur/Founder of Jewelry Company- Manufacturing & distribution.

\*Through out Educator, Trainer, Coach specializing in Optimal Performance, Futuring, Consciousness, Fast Growth and our inherent potential for Greatness.

### **IV. Types of Clients I've Worked With:**

**Leaders of all kinds:** Individuals, Partnerships and Teams, Senior Executives -- established or emerging *Vanguard Visionaries<sup>SM</sup>*— all Leaders of the Future : Audacious Entrepreneurs", Family-Run Business Owners, Independent and Corporate Professionals, e.g., Service Providers: lawyers, financial planners, accountants, consultants, actors & directors, MD's, healers, scientists, authors, coaches & therapists.

The majority of whom are mature seekers in powerful positions who are contemplating What's Next? while planning to complete 80% of their life's greatest life's work in their last 20+ years at the helm.

Current and former clients include individuals from JPMorgan Chase, Equitable/AXA, IBM, American Express, Metropolitan Life, Association of Association Executives, NAFE, AIG, McKinsey, New York Life, Arthur Anderson, Wall St Journal, Harry & David, and senior level professionals from a wide variety of industries including, Advertising & Public Relations, Accessories & Jewelry, Universities & Associations, Retail & Merchandising, Dot.coms, Coaching, Radio & TV, Law, Wellness&Medicine, Sports & Entertainment, etc.

V. **Specialties:**

Optimal Performance & Rock Solid Futures<sup>SM</sup>, Futuring and Fast Growth Consulting, Vanguard Visionary Leadership<sup>SM</sup>, Consciousness and Transformation, Self Mastery and Greatness Coaching, Continuous Quality Improvement, Sustainability, Consciousness and Midlife Greatness, Women & Power, and Career, Life & Retirement Transitions.